

**TWENTY-SIXTH SUNDAY IN ORDINARY TIME**  
**October 1, 2017**

**PLEASE PRAY WITH US FOR:**

<b>Amenia</b>	Mon.	Oct. 2	8:00 am	Nelson Morris & Renner Families
	Tues.	Oct. 3	8:00 am	Diane McEnroe Martello
“	Wed.	Oct. 4	8:00 am	Joseph B. McEnroe
“	Thurs.	Oct. 5	8:00 am	NO MASS
“	Fri.	Oct. 6	8:00 am	Theresa Walsh
<b>Pine Plains</b>	“	“	12 noon	Angelina Mallozzi (Living)
<b>Amenia</b>	Sat.	Oct. 7	8:00 am	Msgr. Louis Mazza
“	“	“	4:30 pm	Fay Family & William McEnroe
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<b>Pine Plains</b>	Sun	Oct. 8	8:00 am	People of the Parish
<b>Amenia</b>	“	“	10:45 am	Lawrence & Margaret Cunningham

**“HAPPINESS”**

*Dear Friends:*

*I just noticed an article in TIME about happiness. The article discussed factors that can help promote happiness in human beings. The article uses recent findings from research and academia to advise us how to find happiness in this difficult and conflicted world.*

*The first “science-based” tip was to avoid social media. We know that most people today are very involved in social media: looking at Facebook, texting and surfing the internet. Research tells us that people are healthier when they occasionally stop using social media. The article tells us that those who quit Facebook for a week had big jumps in life satisfaction and in positive emotions.*

*Another way to promote a happier life is to have other people do your work for you. What does that mean? Pay someone to do your laundry or order food instead of cooking it yourselves. By doing that, a person has more time to do other things that are relaxing and rewarding. As the article tells us, spending money on having someone else doing tasks not only saves time but saves people time from doing something they don't want to do.*

*One important thing I noticed was that several of these factors are ones promoted by Christianity for centuries. One factor stated was the importance of forgiveness. A study was cited that showed that if people were quick to forgive, they very much avoided issues of mental illness, and were more able to deal with stress.*

*The article also pointed out the benefits of acts of kindness. It is scientifically proven that acts of kindness result in real physically-measured happiness. Jesus Christ has always told us to perform acts of kindness and to forgive. Now we know that those actions are approved by our modern scientific society.*

*Fr. Wilson*

**MEN'S GROUP** - The Men's Group will meet on Monday October 2<sup>nd</sup> at 6:45 pm in the Chapel in Amenia. New Members are most welcome.

**PARISH PAY** - WeShare will be taking over Parish Pay on October 9<sup>th</sup>. More information to follow.

**VINE & BRANCHES** - The 50/50 drawing will be held on Thursday, October 5<sup>th</sup>. The next food distribution will be held on Saturday, October 21<sup>st</sup>, at 10 am in our Gym. We are in need of most food items, especially cold cereal, canned fruit, tuna fish, peanut butter, jelly, pasta sauce, rice, bath soap and toilet paper. Your generosity enables us to provide food for those in our community who need extra help.

**PLEASE PRAY FOR THE SICK OF OUR PARISH :** Ralph Cummings, Ann Bida, Gerhard Herron, Margaret Wilcox, Janet Stiles, Evan Ciovacco, Lydia Casey, Evelyn Bouffard, Mark Hamm, Grover Williams, Stephanie Merenda, Carol Wilson, Dawn Hazel Burrows, Rudy Eschbach, Jordana Bell, Lori DeLucca, Amanda Carneski, Baby James Ryan Farrell, Linda Sartori, Helen McGhee, Richard & Mary Ann Valinsk, Mary Murphy Adamitis, Winifred Capowski, Arthur Nadeau, Barbara Moissonnier, LuAnn Ballantine, Frank D'Agostino, Michael Kain, Shirley Remsburger, Susan Moody, Danny Hagerty, Sonja Kelly, Jack Silvernale, Mike Butts and Mary Ann Mullen, Alan Carroll, Erin D'Elia, Linda Staab, Father John Durkin, Daisy Abruzzo, Richard Piccoli, Laura Galdiero, Joseph Scutieri, Eileen Murphy Ehlers, Dominic Nannetti, Ray Proper, Sr., Santino Delfino, Luz Pelkey, Diana McPadden, Averie Burke, Ricky McGhee, John Daubman, Mary Fitzgerald Roth, Kathryn Garzetta, Joseph Licurse, Barb King, Delora Brooks, June Heckelman, Lisa Coon Pedersen, Hans Pedersen, Teresa Pelkey and Renee Cobuzzi.

**FIRST FRIDAY** - We will have Rosary, Adoration of the Blessed Sacrament & Benediction on Friday, October 6<sup>th</sup>, at 7:30 pm in Amenia, Won't you consider spending a half hour with our Lord?

**YOUTH MINISTRY KICKOFF - HIKE AND PRAY** - Our parish is forming a youth group for 8<sup>th</sup> to 12<sup>th</sup> graders. The first event is a Hike and Ice Cream Social on Friday, October 6<sup>th</sup>. See <http://icaamenia.org> for details. We would really love to see you there. All are welcome. Parents and Grandparents, please let your young ones know of this event and consider encouraging them to attend.

*God our Creator,  
we give thanks to you,  
who alone have the power to impart the breath of life  
as you form each of us in our mother's womb;  
grant, we pray,  
that we, whom you have made stewards of creation,  
may remain faithful to this sacred trust  
and constant in safeguarding the dignity of every human life.  
Through our Lord Jesus Christ, your Son,  
who lives and reigns with you  
in the unity of the Holy Spirit,  
one God, for ever and ever.*

**CROP HUNGER WALK** - The Pine Plains Council of Churches is sponsoring the 2017 Pine Plains Hunger Crop Walk on Sunday, October 8<sup>th</sup> at the Lion's Club Pavilion with registration beginning at 1:15 pm. It will take about an hour to walk around the lake if you decide to do the entire walk. Of course, you can decide how far you want to walk; however, walkers should end up back at the pavilion by 4 pm. 25% of the funds raised are given to the Pine Plains Community Food Locker to alleviate hunger in our local community with the remainder of the funds going to global hunger issues. All checks should be made payable to CWS/CROP. Completed pledge envelopes and individual donations (enclosed in an envelope marked "CROP WALK") can be turned in at the registration table on October 8 or put into IC/SA's offertory collection at any time. Please consider making a donation to this worthwhile cause.

**FALL INTO A DEEPER RELATIONSHIP WITH GOD!** - Come join us for Morning Prayer and Guided Meditation, Saturday, October 14<sup>th</sup> at 10 am at St. Anthony's in Pine Plains. For more information, contact Lisa Shay at [lisa.shay@gmail.com](mailto:lisa.shay@gmail.com).

**SUNDAY COLLECTION** - Last weekend, September 23-24, 2017, approximately 333 people attended Mass and we collected \$3,770.00 in our Regular Sunday Collection. I thank you for your presence, generosity and steadfast commitment to our Church and I pray that God will continue to bless you and your families.

I especially want to thank all of you who so generously contributed to the Hurricane Relief Collection. We collected \$2,295.29.

***"THE GREATEST GOOD IS WHAT WE DO FOR ONE ANOTHER"***  
***~ Mother Teresa~***