

## **Guidelines for Writing Your Confirmation Reflection**

As one of your final requirements in your Confirmation Preparation you are expected to write a 2 page, typed reflection on your Confirmation experience and the Saint whose name you have chosen for your Confirmation name. The Candidates may choose a new name as a sign of growth in faith, or may keep their baptismal name to emphasize the fact that Confirmation is a sealing of the baptismal commitment.

The paper should reflect your journey and feelings about making the Sacrament of Confirmation. Below are some guidelines to assist you in preparing your reflection:

- ❖ How has this preparation incorporated you more firmly with the Church?
- ❖ How do my words and actions show others that I am a practicing Catholic?
- ❖ How has this preparation brought you closer to God?
- ❖ Express why you chose the name you did, or why you are choosing to reconfirm your baptismal name.
- ❖ Briefly outline the Saint's life you have chosen and why you have chosen this saint.
- ❖ What is interesting about this saint?
- ❖ How you can relate to the Saint's life.
- ❖ How can I imitate this saint and become a better Christian?
- ❖ Christian service is the beginning of a life long journey in our relationship with God, the Church, and our fellow human beings; tell about your service through this process and the effect it had on you.
- ❖ Express how you intend to continue your journey after receiving the Sacrament of Confirmation.

***Please attach the Confirmation Name form to your report and hand both in at your 2nd interview in February.***