



Fifth Sunday in Ordinary Time  
February 7, 2016

Holy Mass  Intentions

<b>Saturday</b> 5:00 pm	<b>February 6</b> Claire Mehalik and Peter Coviello, Sr.
<b>Sunday</b> 7:30 am 9:00 am 11:00 am 5:00 pm	<b>February 7</b> Richard Tabibian and Marth Jane May Sue Daly and Dr. Chester T. Karr Michele DiLeo and Barry Reid Peter Coviello, Sr. and Michael Macari
<b>Monday</b> 8:00 am	<b>February 8</b> For the healing of Eileen Gorgi and Adam Vazir
<b>Tuesday</b> 8:00 am	<b>February 9</b> Paul J. Burke and In Honor of Red Mulholland's 90th Birthday
<b>Wednesday</b> 8:00 am 12:00 pm 3:00 pm 7:30 pm	<b>February 10</b> People of the Parish People of the Parish (Ashes Only) People of the Parish
<b>Thursday</b> 8:00 am	<b>February 11</b> Mark Brigham and John Taylor Babbitt
<b>Friday</b> 8:00 am	<b>February 12</b> For the healing of Eileen Gorgi and Luke Klisart
<b>Saturday</b> 8:00 am 5:00 pm	<b>February 13</b> Edwin L. Sprague, Jr. and Thomas Peterpaul Peter Coviello, Sr. and Josef Ganahl
<b>Sunday</b> 7:30 am 9:00 am 11:00 am 5:00 pm	<b>February 14</b> Luke Klisart and Anthony Vitale Nicholas Marconi and John Burke Horatio Gaviaria and Mary Cunningham Stanley Swaintek and Eileen Horan

**Weekly Memorials**

**The Lamp** burning before the Blessed Sacrament the week of February 7th is in memory of Paul Williams given by the family.

**The Candles** on the altar the week of February 7th are in memory of Salvatore Sodano given by the family.

**The Flowers** on the altar the week of February 7th are in memory of Martha Jay May given by the family.

**Hear our Prayers for those who are ill** especially Kevin Hamilton, Robert Hartle, Robert Astorino, Anthony LaFerrara, Neiko Pagaling, Denise Phalon Cascio, Frances Smith, Tom Warren, Judy Latalladi, Dorothy Sullivan, Bill Lanahan, Cathy Bedford, Hope Tinn Clark, Irene Buss, Roger Goodman, Maria Selca-Haher, Robert Olpp, Terry Gardner, Nora Ray, Carol Meyers, Pat Marciano, Maryanne Duffy McDermott, Kyle Noonan, Thomas Unger, Sandy Safier, Tony Caljean, William Virgilio, Mary Cecere, Kristin Curcio, Tony Capone, Michael Marino, David Johnson, Donald O'Brien, Theresa Zwick, Fr. Gabe Coless, Joseph Gabriele, Theresa Degler and **for all our deceased.**

**Parish Support-January 31st**

THIS WEEK'S OFFERING.....	\$15,450
LAST YEAR'S OFFERING.....	\$19,719

**First Sunday of Lent**

February 14, 2016

**First Reading: Deuteronomy 26:4-10**

Moses discusses the power God has displayed in freeing his people from oppression and leading them to a rich land. He tells the people that they should make offerings to God to show their gratitude, then celebrate over the great things he has given them.

**Second Reading: Romans 10:3-13**

Paul tells us that if we proclaim, "Jesus is Lord" and truly believe that God raised him from the dead, we will be saved. For God shows his mercy toward everyone who calls upon his name.

**Gospel: Luke 4:1-13**

Jesus fasted in the desert for forty days, then Satan appeared to him and tempted him to turn stone into bread. After Jesus refused, Satan promised him great powers if Jesus would worship him. Jesus replied that he would worship God and no one else. Then Satan tried to persuade Jesus to put God to the test, but again Jesus resisted his temptation.



**Mass Schedule February 13th & 14th**

<b>Fr. Bob</b>	<b>Sunday 7:30 am and 5:00 pm</b>
<b>Fr. Chris</b>	<b>Saturday 5 pm and Sunday 9 am</b>
<b>Fr. Derek</b>	<b>Sunday 11 am</b>

**Reconciliation (Confession) February 6th**

<b>Fr. Chris</b>	<b>Saturday 4:00-4:30 pm</b>
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**THIS WEEK AT THE PARISH**

**Monday, February 8**

Faith Formation: 4-5:30 pm; School  
Meditation Group: 7 pm; Church

**Tuesday, February 9**

Shawl Ministry: 1 pm; South Room  
First Communion Parent Meeting: 7:30 pm;  
East/West Room

**Wednesday, February 10**

Parish Nurses Meeting: 7 pm; North Room

**Thursday, February 11**

Marian Prayer Group: 10 am; North Room

**Friday, February 12**

Adult Scripture Study: 9 am; South Room

**Saturday, February 13**

SPYM Lollipop Sale: 6 pm; Church  
SPYM Dodgeball: 7 pm; Gym

**Sunday, February 14**

Chili Sign Up: Church Lobby  
SPYM Lollipop Sale: After all Masses; Church  
RCIA: 12:15 am; South Room  
Sophomore Meeting: 3:15 pm; East/West Room



## Be Yourself, Everyone Else is Already Taken

Today many of us will ready ourselves for a Super Bowl gathering. I always come across people at these events who maintain little interest in the football game; but see it as an opportunity for a winter party. Last Sunday in *Parade, Star Ledger*, an article appeared titled *Super Bowl Snacks*. It made mention that the average person who attends a Super Bowl gathering “gorges on an estimated 2,400 calories while watching the game making it only second to Thanksgiving as an all-American eating holiday.” It also brought to light words from Michael Strahan who stated, “you can’t go wrong serving barbecue and party foods like ribs, baked beans, mac ‘n’ cheese, and collard greens.” However, for those with real interest in the game (especially Bronco and Panther fans), an important facet is the manner whereby time outs are used to regroup and develop plans that are implemented during crucial moments of the game. It can mean the difference between victory and defeat.

This weekend invites us to take a “time out” to ponder a game plan for the holy Season of Lent. A “time out” renders an opportunity to embrace the Season with a desire for victory. A time out takes us to the sidelines to ponder personal and communal objectives for Lent aware that points are never scored if an ineffective game plan is implemented. Although some of us may claim that shoveling out from the Blizzard of 2016 was “our Lent”, Lent is not a one day event, but an entire season that leaves us with personal and spiritual growth, which continues in the aftermath of the season; hence, it is not a scorecard of activities that evaporates upon conclusion of the Season.

Lent begins this Wednesday, February 10, with the celebration of Ash Wednesday. This engenders the opportunity to review personal strengths and weaknesses; and, set goals for the Season. Some mistake the purpose of Lent as self-congratulations that stem from accomplishments or sacrifice involved with extra effort in prayer or works, but the main thrust of Lent is to disarm ourselves from complacency. Lent is also not a time to look down on oneself with self inflicted criticisms, but in the words of Oscar Wilde, “Be yourself; everyone else is already taken.” Therefore, Lent is an opportunity to ready oneself to play in the Super Bowl through the discovery of areas in life that make you proud of who you are. This is the foundation for a desire to come of age in portions of life that necessitate time and attention.

Sometimes there is an expectation that God does all the work if we live out a commitment for the correct recitation of prayers and devotions throughout Lent; however, Lent is not dropping to our knees in hope for God to work miracles; God provides strength for us to follow through with a game plan. Ash Wednesday is the way the church invites us away from spiritual complacency, and informs us that our Catholic Super Bowl is forty days away. Ashes, which are a powerful symbol of humility and repentance, and known as a sacramental in the church, get placed on our foreheads as a reminder that we and the world are different than a year ago; therefore, repeating past Lenten observances often generates an activity that holds little value for us today since we have ripened through history. The challenge of Lent is to work on both offense and defense aware that our offense consists of countless opportunities for spiritual and corporal touchdowns, while a good defense protects us from actions/habits that are not beneficial since they harm our lives.

In an article titled, *Enter the Desert of Lent, Celebration, February 2016*, Erin Ryan states, “We Christians are asked each Lent to “retreat into the desert” in our own way, to face our temptations and to listen to the voice of God telling us who we are. Over and over in our lives we will need to do it again, to go back and wander and clarify our identities again, before we find the land of milk and honey.” Today in Santa Clara, California, two teams who have made it to the land of milk and honey will seek victory through hard work, planning, strategy, and dedication; however, only one will enjoy the feast. In this Year of Mercy, seek to deepen your relationship with God throughout this Season of Lent, and in the words of Pope Francis, “become merciful as your heavenly father is merciful.”

*In Christ's Love,  
Fr. Bob*

**BAPTISM:** Arrangements should be made one month in advance by calling Deacon Joe Wisneski at 973-635-4976. Parents are expected to attend an instructional session with a Baptism Team. Baptisms are celebrated at 12:30 pm Sundays or at a Sunday Mass.

**RCIA-RITE OF CHRISTIAN INITIATION OF ADULTS:** The R.C.I.A. invites non-baptized persons and those baptized into another faith to participate in a faith journey in preparation for becoming a Catholic. If you are interested in any aspect of R.C.I.A., please email Deb at [Dkuzma@st-pats.org](mailto:Dkuzma@st-pats.org) or call her at the parish office at ext. 23.

**SACRAMENT OF MATRIMONY:** Congratulations! In order that we can together plan for your big day, couples should notify the Church and begin to prepare at least one year in advance of the date. Please email Fr. Bob at [Fr.Bob@st-pats.org](mailto:Fr.Bob@st-pats.org) or call Fr. Bob at the parish office ext. 22.

**MINISTRY TO THE SICK AND HOME BOUND:** If a family member or someone you know is recuperating from a hospital stay or is homebound for any length of time and would like to receive Holy Communion, please let us know. It is a priority for the parish community to support and be present to those who cannot be with us for the celebration of the Eucharist. If you would like a priest or deacon to visit a family member who is hospitalized, contact Peggy at [Pgentile@st-pats.org](mailto:Pgentile@st-pats.org) or call her at the parish office ext. 25.

**SACRAMENT OF ANOINTING OF THE SICK:** Please call the parish office at 973-635-0625 to arrange for a priest.

**FIRST RECONCILIATION AND FIRST EUCHARIST:** Children preparing to receive the sacraments of First Reconciliation and First Eucharist begin preparation in first grade. To register, visit our website at [www.st-pats.org](http://www.st-pats.org) or contact Ginny, [vshalvatore@st-pats.org](mailto:vshalvatore@st-pats.org).



## AROUND THE PARISH

### Baptisms

**Colin Joseph Beard**  
Son of Scott and Alexandra

**Michael Antonio Pascarella**  
Son of Gino and Danielle

### FORGET-ME-NOT WEEKEND

Our monthly food collection is **this** weekend, **February 6 & 7**. Your generous donations are shared with the local community as well as our brothers and sisters in Paterson! All food donations (your bags or ours!) can be brought to the Fr. Ed Center after masses or the basket in the back of the church. *Thank you!*



### Eva's Village

*A huge Thank You to all of the volunteers who prepare chili for our monthly collections. Thankfully, Eva's Kitchen has many parishes and organizations who are helping in their efforts to feed the hungry of our area. As a result of this increased awareness and generosity...**We will NOT be making chili this month or next.***

### Shawl Ministry

Our shawl ministry grew out of our Health Ministries, through the energy and imagination of our Parish Nurses. We meet monthly on the second Tuesday of the month. Our next gathering will be this Tuesday, February 9 from 1:00-2:30 pm in the Parish Office building. The shawls that the group produces are shared with the ill or homebound of the parish. We have also started a new project of creating Baptismal Cloths. Join us, bring a friend!

### RESOURCES FOR THE LENTEN SEASON

Choose to make this Lenten season special! Seek out opportunities that enrich the season for YOU. Looking for an inspirational book for the Lenten season? Check out our parish library in the Parish Offices. We have over 1,200 books! A sampling of Lenten selections have been placed on the Seasonal reading shelf. The library is open during regular office hours: Monday through Friday, 8:00 am-4:30 pm.

Looking for a resource that's electronic? Many groups offer daily email with reflections and inspiration.

- Bishop Barron offers free Lenten reflections:  
<http://www.lentreflections.com>
- Dynamic Catholic invites you to make this the Best Lent Ever!  
<http://dynamiccatholic.com/bestlentever>
- Prof Thomas Groom, Dir. of the Church in the 21st Century Center will post regular reflections. You can sign up for notifications of new postings.  
[http://www.bc.edu/alumni/get\\_involved/spirituality\\_service/lenten\\_reflections.html](http://www.bc.edu/alumni/get_involved/spirituality_service/lenten_reflections.html)
- From Pope Francis-Living Lent with Mercy, Encouragement & Daily Prayers. eBook available on line (\$.99) as well as hard copy.



## MUSIC MINISTRY

### Music and Silence in Lent

During Lent, we make an effort to simplify our lives in order to be closer to God. Many of us make an effort to do without something we usually have. In a similar way, our masses will be simplified with less music. Although most thoughtfully-composed music is *not* like coffee or chocolate or video games—it is more like sunshine and fresh water!—by seeking silence and limiting music and other sound, we limit external stimuli to find ourselves more alone with our thoughts and more alone with our God.

Starting on Ash Wednesday, our masses will have no recessional hymn and no postlude. Instead, we will seek sacred silence at the end of mass. If you miss the music, you might like to think about this: silences called “rests” are an important part of music. In fact, some music philosophers have pointed out that a designated period of silence can be considered a form of abstract “music”—rather than notes you have natural sounds you might not hear while notes are played or sung.

It is notable that one mid-20th century music composer and philosopher, John Cage, actually composed a piece of music that consists entirely of silence! The piece is called “Four Minutes Thirty-Three Seconds.” It has three movements, each scored for any combination of instruments. However, each movement is made up of rests that require silence for a measured amount of time. The performers open up their music to the first movement, and keep their instruments silent for the designated time. Then, they follow the same instructions for the next two movements. As you can imagine, this work is frequently the subject of jokes in the music world. When it was written, however, the composer was not trying to be funny—rather, he was making a solemn philosophical statement about the importance of silence in music and in our lives. Instead of notes, the “music” becomes the natural sounds of breath, or feet scuffing, or the whisper of a page turn, or maybe even no sound at all.

If we focus on prayer during the silence before and after mass, we might feel the closeness of God. If you are a music lover, you might consider the silence to be a form of music. And, if we listen carefully to the silence, we might just imagine that we can hear our prayers.

Have a blessed Lent,  
*Maggie Hanson, Music Minister*

National Marriage Week is celebrated by the Catholic Church from February 7-14, with February 14 being National Marriage Day. Marriage is a gift from God to men, women, children and society. In marriage, a husband and wife form an exclusive and lifelong bond, forge a shared financial future, promise to take care of each other “in sickness and in health,” and provide a stable and loving home for any children they are blessed with. Marriage is the foundation of the family, which is the primary place where we all learn to love and be loved, to live in community with others, and to care for the most vulnerable (e.g. children, the elderly, the sick).

Looking for a way to enrich your marriage? Take the seven day virtual retreat! Each day for seven days, set aside some time for prayer. This retreat is based on the theme of “marriage and mercy,” since the Church is currently celebrating the year-long Jubilee of Mercy. There are two other retreats available as well: 1.) Pope Francis’ advice about marriage and family life, 2.) Reflections on the USCCB pastoral letter *Marriage: Love and Life in the Divine Plan*. Both are available at :  
<http://www.usccb.org/issues-and-action/marriage-and-family/national-marriage-week.cfm>





## FAITH FORMATION

In this Lenten Year of Mercy our parish is focusing on living the Corporal and Spiritual Works of Mercy.

This week students in grades 3 - 8 are learning about Pope Francis and his Jubilee Year of Mercy. They will review the Corporal & Spiritual Works of Mercy in class and discuss ways to live them, especially during Lent. For the Spiritual Works of Mercy, students will receive a purple wristband imprinted with † FAITH IN GOD'S MERCY † to help them remember to be patient, to forgive and to pray for the living and the dead.

**A Corporal Works of Mercy Tree**, will be located on the bulletin board in the Fr. Ed Center. Each class will sign their names on a heart as a sign they will do their best to live the Corporal Works of Mercy. Families that wish to participate in living the Corporal Works of Mercy can donate one item per family on the following weeks.

Feb. 24/25<sup>th</sup> - Nonperishable food, baby food, pet food or laundry detergent

Feb. 28 & 29<sup>th</sup> - Juice boxes, baby juice or water bottles

March 6/7<sup>th</sup> - New socks, underwear, diapers, baby wipes

March 13/14<sup>th</sup> - Hotel soaps, shampoo and lotion

This Lenten activity will give our students the opportunity to live their faith by praying for others and caring for those who need our care and mercy.



### Save the Date: Saturday, March 5, 2016 7:00 pm - 8:30 pm at St. Patrick Church

TV star Frank Runyeon will bring Scripture to life as he tells the stories Jesus told...a rich man and a poor man...a woman with a coin...a father with two sons...a traveler on the road...stories no one would ever forget. An honors graduate of General Theological Seminary and Princeton University, Frank has received national acclaim as a translator and performer of biblical texts over the past 20 years. Save the date and join us! Volunteers are needed to sell tickets after masses. Please contact Ginny Salvatore at 973-635-0625 ext.27 or vsalvatore@st-pats.org if you can volunteer. Thank you!

## YOUTH MINISTRY

### Mandatory Sophomore Session

February 14th, there is a MANDATORY session for all sophomores from 3:15-6:00 pm that did not attend the February 7th session. It will begin in the parish center with a reflection on the Mass (which is an important component before the celebration of Confirmation) and will be followed by the celebration of the Sunday 5 pm liturgy which will be completely planned and instituted by the sophomores in attendance (readings, petitions, ushers, greeters, etc.). Parents, family and friends are asked to join us for this liturgy.

### This Week in Youth Ministry

**Spring Action Team Meeting:** Mon., Feb. 8; 7-9:30 pm; YMC

**Sophomore Gathering:** Tues., Feb. 9; 7:15-8:45 pm; YMC

**Spring Antioch Team Meeting:** Wed., Feb. 10; 7-9:30 pm, YMC

**Dodgeball Tournament:** Sat., Feb. 13, 7-11 pm; Gym

**8th Grade Retreat Team Meeting:** Sun., Feb. 14; 7:30-9 pm; YMC

### Service Opportunities

**Selling Lollipops:** Sat., Feb. 13-14; After all masses; Church

**Food Pantry Restock:** Sat., Feb. 20; 8:30-10:15 am



### Mass and Distribution of Ashes

8:00 am, 12 Noon, 7:30 pm

### Liturgy of the Word & Distribution of Ashes

3:30 pm in the Church

During this Jubilee Year of Mercy, join us for a reflection and discussion on the **Works of Mercy** led by Fr. Chris! On Tuesday, February 16th, we will see how the *Corporal Works of Mercy* work as a model for how we should treat others and how these charitable actions can help others in their bodily needs. On Tuesday, February 23rd, the focus shifts to the *Spiritual Works of Mercy* and how they guide us to help others in their spiritual needs. Each session will be held at 7:30 pm in the South Room of the Parish Office building.



### Save the Date

### Parish Soup Supper

Wednesday, March 9th

6:00 pm in the East/West Room



All are welcome to enjoy a simple meal. A free will offering will be shared with those less fortunate. Sponsored by the Women of Mary.

Lent is a time of conversion and a time to deepen one's faith, demonstrating and sharing it through the corporal and spiritual works of mercy. "Faith finds expression in concrete everyday actions meant to help our neighbors in body and spirit," the pope said in his message for Lent, which begins Feb. 10. Particularly during the Year of Mercy, Catholics are called to recognize their own need for God's mercy, the greatness of God's love seen in the death and resurrection of Christ and the obligation to assist others by communicating God's love and mercy through words and deeds. "The root of all sin is thinking that one is god, something often expressed in a total preoccupation for accumulating money and power," the pope wrote. And just as individuals can be tempted to think they have no need of God, social and political systems can run the same risk, ignoring both God and the real needs of human beings. "Love alone is the answer to that yearning for infinite happiness," Pope Francis wrote. It is the only response to the longings "that we think we can satisfy with the idols of knowledge, power and riches." "The danger always remains that by a constant refusal to open the doors of their hearts to Christ who knocks on them in the poor," he said, "the proud, rich and powerful will end up condemning themselves and plunging into the eternal abyss of solitude which is hell." But through acts of mercy and charity, "by touching the flesh of the crucified Jesus in the suffering," he wrote, "sinners can receive the gift of realizing that they too are poor and in need." "In the corporal works of mercy we touch the flesh of Christ in our brothers and sisters who need to be fed, clothed, sheltered, visited," he wrote. "In the spiritual works of mercy—counsel, instruction, forgiveness, admonishment and prayer—we touch more directly our own sinfulness." In the Christian life, Pope Francis said, "the corporal and spiritual works of mercy must never be separated."

liturgy  
corner

