

MARCH 10, 2019

## 1<sup>ST</sup> SUNDAY OF LENT

*“Jesus answered..., ‘Do not put the Lord your God to the test.’”*

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### THIS WEEK

Tuesday, March 12 Evening Mass at 6pm  
Weekday Mass during Lent: Monday - Friday  
8:30am & 7:00pm  
Friday evening: 6:00pm - Benediction  
6:30pm - Stations of the Cross

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### STEWARDSHIP REFLECTION

*“I have now brought you the first fruits of the products of the soil which you, O Lord, have given to me.” (Deuteronomy 26:10)* This line from the Old Testament offers two challenges. First, do you give to God from your “first fruits”, the best that you have to offer, or do you give from what is left over? Second, do you recognize that everything you have has been given to you by God? Ask God for a grateful and generous heart, every day, in all circumstances.

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### PRAYERS FOR THE SICK

Ryan Lehwald; Kellie Marchak; John Pollard; Edna Cachero; Almira Steeds; Melody Carruthers; Kay D; Shirley Papuc; Louella D’Penha; Gloria & Cecilio Peralta; Darlene McHale; Helga & Bert Wolters; Dominga Carrion; Maria & Jose Santos; Jean Van Loo; Marie Connor; John William; Edward Chan; Nick Krueger; Jo-Anne MacLeod; Irene O’Flynn; Joy Jhocson; Anna R.; Tashina Janus & Ruby Diamond.

*If you have a relative who is sick in the hospital or at home, please let the rectory know so that we can arrange a visit.*

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### PADDY JOE’S CELEBRATION

We will be celebrating St. Patrick’s and St. Joseph’s day on Saturday, March 16 at 2pm in the Parish Hall. This will be a late lunch of your choice of Irish Stew or Canadian Chuck Wagon Stew. We hope to have entertainment along the way. \$8 for adults, \$5 for children under 12. Tickets will be available after all Masses or at the parish office. Contact Greg 778.551.1627.

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### EVENING MASS ON TUESDAY, MARCH 12

Please note the change of time for the evening service on Tuesday, March 12 which is scheduled at 6pm. This is to accommodate our PREP students and those especially preparing to receive the sacrament of First Reconciliation.



**Edge: March 13, 6:45pm – 8:00pm “Father Vs. Genie”**  
Join us in this next session about prayer. Does God really hear you pray? Find out with us!

**Life Teen: March 17, 7:00pm – 8:45pm “St. Patrick’s Day Party”** Wear green to this very green and social night of fun!

**“SPOKEN” Retreat** for all high school aged youth on April 5-7. For more information and to register, please visit [icdelta.ca/lifeteen](http://icdelta.ca/lifeteen). Cost is \$55 per person (\$45 for each additional sibling).

Follow us on Instagram, SnapChat, Twitter and Facebook! ([iclifeteen](https://www.instagram.com/iclifeteen) or [icdeltaedge](https://www.instagram.com/icdeltaedge)). For more information about Youth Ministry, please contact Faye p: 604.785.6729 or e: [icyouthmin@gmail.com](mailto:icyouthmin@gmail.com)



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### KNIGHTS OF COLUMBUS

**Pancake Breakfast:** Sunday, March 17 after the 8:30am and 10:15am Masses in the Parish Hall. All are welcome.



**Gift Card order:** Knights of Columbus members will be on hand in the Gathering Area to take your order.



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### SERRA CLUB

The Serra Club invites you to attend our Vocations Mass at 7pm on Thursday, March 14. All are welcome. Fr. Rodney Nootebos is the anticipated celebrant. You are also encouraged to attend our open meeting following Mass.

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### MEN’S RECOLLECTION

Opus Dei men’s recollection at I.C. Parish on Saturday, March 16 at 10am. All men are welcome.

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### LENT XLT: SEEING BEAUTY IN SACRIFICE

Join the parish community on Sunday, March 24 at 7pm in the church for Lent X-L-T. This evening of Adoration, prayer, a talk and praise and worship music is hosted by Life Teen and is open to all parishioners.

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### I.C. PARISH WEBSITE

This bulletin can be accessed through our website at [icdelta.ca](http://icdelta.ca)

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## PERMANENT DIACONATE

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Do you feel called to be a Permanent Deacon? Men between the ages of 35 and 60 interested in ordained ministry, along with their spouses, can learn more about the permanent diaconate this spring! The Permanent Diaconate Office is hosting information sessions this April and May in Vancouver and Langley. For more information, or to register, please visit <http://stmarkscollge.ca/news-events/events/permanent-diaconate-information-sessions/> or email [deacons@rcav.org](mailto:deacons@rcav.org).

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## ST. JOHN PAUL II ACADEMY

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Though the deadline has now come and gone, St. John Paul II Academy is happy to announce they are continuing to accept applications for Grade 8 & 9 students. All applications must be completed and returned to Mr. Michel DesLauriers, Principal, 15262 Pacific Ave., White Rock. An Information evening will be held on Wednesday, April 10th @ 6:30pm at St. John Paul II Academy. School website: [www.sjp2academy.com](http://www.sjp2academy.com)  
E: [mdeslauriers@sjp2academy.com](mailto:mdeslauriers@sjp2academy.com) T: 604.560.8210.

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## DOMESTIC ABUSE SERVICES

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Help Line volunteers needed for Domestic Abuse Services at Our Lady of Good Counsel Parish, Surrey. No experience needed but would be a valuable asset! Volunteer from home; choose your hours! Our next comprehensive training session starts March 29<sup>th</sup> – Fridays and Saturdays (3wks) at St. Francis of Assisi Parish, 2025 Napier St, Vancouver. Please call 604.585.6688 or email us at [operationsmgr@domestic\\_abuseservices.ca](mailto:operationsmgr@domestic_abuseservices.ca) to register for the next training session.

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## QUO VADIS–MEN'S DISCERNMENT EVENTS

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Day of Recollection with Archbishop Miller on Saturday, March 23, 10am-3pm at John Paul II Pastoral Centre, Vancouver. Open to single Catholic men ages 18+ who want to answer the question: What is God calling me to do with my life? Please register at least one week in advance by contacting the Vocations Office at [vocations@rcav.org](mailto:vocations@rcav.org) or call 604.443.3254.

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## FIAT – WOMEN'S DISCERNMENT EVENTS

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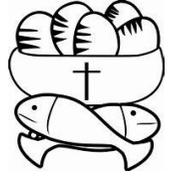
Day of Recollection – Fiat of Women in the New Testament on Saturday, March 23, 12-3:30pm at FSE Convent, 2811 Venables Street, Vancouver. Fiat, the women's vocation discernment group for the Archdiocese of Vancouver, is getting ready for another year of events. Events are open to single, Catholic young women ages 18-35 who are open to discerning and responding to God's call in their life. Sign up now to receive emails of events throughout the year. Email [womensvocations@rcav.org](mailto:womensvocations@rcav.org) for more information.

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## FASTING & ABSTINENCE DURING LENT

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Lent is the time before Easter during which the faithful abstain and fast in remembrance of the ultimate sacrifice Jesus made on the cross.



Days of abstinence during Lent are Fridays, Ash Wednesday and Good Friday. Catholics over the age of 14 are expected to abstain from eating of meat on all Fridays throughout the Lenten season. Those ages 18-59 must fast on Good Friday. Everyone 14 years of age and older is bound to the law of abstinence, and everyone 18 years of age but not yet 60 is bound to the law of fasting.

One must be mindful of his own physical condition. These physical sacrifices help each of us to be spiritually mindful that our Lord suffered and died for our sins.

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### DO YOU WANT TO FAST THIS LENT?

*In the words of Pope Francis*

- **Fast from hurting words and say kind words.**
- **Fast from sadness and be filled with gratitude.**
- **Fast from anger and be filled with patience.**
- **Fast from pessimism and be filled with hope.**
- **Fast from worries and have trust in God.**
- **Fast from complaints and contemplate simplicity.**
- **Fast from pressures and be prayerful.**
- **Fast from bitterness and fill your hearts with joy.**
- **Fast from selfishness and be compassionate to others.**
- **Fast from grudges and be reconciled.**
- **Fast from words and be silent so you can listen.**

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## THANK YOU

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Bridging Generations Team would like to thank all those who supported the Cupid's Perfect Pastries Bake Sale. With your support, we raised \$1,144 net of all expenses. To all those who provided bake goods, donated, volunteered and prayed for the success of this bake sale, with grateful hearts we thank you.

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## PRE-AUTHORIZED DEBIT PLAN

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Parishioners can use our pre-authorized debit plan towards the Sunday collection. Those who are on pre-authorized debit plan, please continue dropping the empty Sunday collection envelopes in the collection basket. For more information please call the parish office 604.591.2271.